

# THIS ILLUSTRATED GUIDE FOR COUPLES ENDS 12 HURTFUL ARGUMENTS ONCE AND FOR ALL!

Conflict within relationships is complex and challenging to overcome. In her 20 years of working with couples, clinical psychologist Michelle Brody found a way to make change simpler. Her secret: clear and lighthearted illustrations that help couples literally see what's driving their battles and blocking their bond, so they can chart a course together to stop the fights.

## THE MONEY FIGHT



## THE SEX FIGHT



## THE PARENTING DIFFERENCES FIGHT



*Stop the Fight!* includes more than 300 illustrations to help couples unlock the destructive cycles that drive the *birthday fight*, the *difficult relatives fight*, and other familiar battles. Going beyond common relationship advice, the tools in *Stop the Fight!* will help you understand the big picture and create lifelong change.

**"I couldn't put this book down! It's insightful, incisive, hilarious, and hard-hitting all at the same time—not to mention incredibly helpful."**

—AMY CHUA, Yale Law School professor and author of *Battle Hymn of the Tiger Mother*

**"The book you hold in your hands will guide you to a new way of building a deep, loving relationship without all the yelling, shaming, and blaming."**

Highly recommended." —ARIELLE FORD, author of *The Soulmate Secret*

**MICHELLE BRODY, PhD**, is a clinical psychologist who has been resolving relational conflict in couples and in the workplace for over 20 years. As a senior trainer for psychologists and executives, she teaches others what will (and won't) catalyze lasting change.

THE ILLUSTRATIONS THROUGHOUT THE BOOK ARE BY EMILY TOMASIK.

stopthefight.com

**THE EXPERIMENT ■ NEW YORK**  
BECAUSE EVERY BOOK IS A TEST OF NEW IDEAS

theexperimentpublishing.com | @experimentbooks

Also available as an ebook



STOP THE FIGHT!

AN ILLUSTRATED GUIDE FOR COUPLES

MICHELLE BRODY, PhD



AN ILLUSTRATED GUIDE FOR COUPLES

# STOP THE FIGHT!



HOW TO BREAK FREE FROM  
**THE 12 MOST COMMON ARGUMENTS**  
AND BUILD A RELATIONSHIP THAT LASTS

MICHELLE BRODY, PhD